

**15 SEPTEMBER 2004 - 15 DECEMBER 2004**

# **COMMUNITY CONNECTION**

**PRIDE OF PICATINNY...**Your link to Morale, Welfare & Recreation and Family Support Programs and Events

<http://w4.pica.army.mil/mwr/>

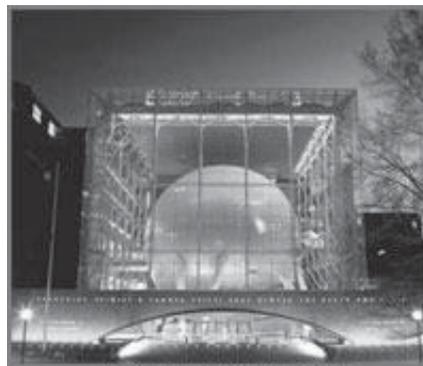
## **Looking Forward...**



**Fall Job Fair, 20 Oct 04**



**"Miracle of Christmas",  
Millennium Theatre,  
Strasburg, PA,  
3 Dec 04**



**NYC Museum Bus Trip,  
13 Nov 04**



**Tree Lighting, 1 Dec 04**



**Spaghetti & Santa,  
7 & 8 Dec 04**



At a Glance:  
Holiday Events...p 7  
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**Welcome and Editor's Note:**

Remember "MWR - is for all of your life". The best Army in the world deserves the best MWR services - count on it!

**Our Pledge:**

First Choice Service Wherever  
America's Army Serves.

- \*Self-Reliance \* Peace of Mind
- \* Community \* Growth \*
- \*Renewal\*

If you have an article for the connection please provide it to Sue Elias, email - selias@pica.army.mil or call me at (973) 724-7246.

We provide quality of life programs to the Picatinny Arsenal Community to include active duty military, retirees, civilian employees, National Guard/Reservists and all their family members as well as to our partnered communities. Our events/programs cover the gamut - recreation, family support, food, beverage and entertainment.

As always I look forward to your feedback.

Sue Elias

**MWR Kudos Corner** - please note our special thank you section located on the back page. This is the place that we will recognize our sponsors and vendors that help us enhance our programs!

Features of the Morale, Welfare and Recreation webpages:

**MWR Homepage** -

<https://w4.pica.army.mil/mwr/>

Our programs are listed in alphabetical order.

**MWR Calendar of Events** -

<http://www.calendarserver.com/calendar/?account=22663>

Details of our major programs and events can be found on these calendar pages. Let us help you plan your calendar and your recreational activities.

**MWR Community Connection**

- is available for you to read at our MWR website:

<https://w4.pica.army.mil/mwr/CurrentNewsletter.pdf>

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Look for the MWR link on the Picatinny Federal Credit Union homepage:

<http://www.picatinnycu.org/>

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THE PURPOSE OF THIS NEWSLETTER IS TO PROVIDE CURRENT INFORMATION ABOUT MWR, FAMILY SUPPORT AND COMMUNITY EVENTS/PROGRAMS. THE MENTION OR APPEARANCE OF COMMERCIAL VENDORS AND/OR THEIR LOGOS NEITHER IMPLIES NOR CONSTITUTES FEDERAL ENDORSEMENT OF PRODUCTS OR SERVICES.

Editor...Susan P. Elias, Marketing/Advertising Specialist

Contributors...MWR & Family Support Staff

MWR website: <https://w4.pica.army.mil/mwr/>

# THE CANNON GATE

## CATERING & CONFERENCE CENTER



Fellow Colleagues and Picatinny Community -- We just wanted to let all of you know that the employees at Choices have out-done themselves for the 4th year in a row! We have been using Choices to cater our Division picnics every year and they do a wonderful job. Dealing with manager Paul Malmberg is always a pleasure when setting up the details and he makes the whole process as simple and efficient as possible, especially when our picnic attendance has been running anywhere from 75 to 100 people. Not only have they been there when we needed them but also the food quality and service at our picnics has been nothing but exceptional (just like everyday at Choices)! Three Cheers for Choices: HOOAH, HOOAH, HOOAH!!! Thank you Paul and the rest of the Choices staff for making ALL of our picnics Great Successes!!!

Robyn K. Huber and  
Christine K. Sturtz

**Wine Tasting, 10 Sep 04, 6pm, \$10/person** -- In the spirit of Olympic year we offer and international selection of wines (and some surprises) for our Fall Wine tasting. Wine connoisseur John Crisologo from R&R marketing will present a variety of wines for your enjoyment. To compliment these wines our Chefs have prepared some unusual dishes for you to sample.

**MONTHLY DINNER BUFFET**— Next scheduled dates are - 16 Sep, 21 Oct, 18 Nov & 16 Dec 04... Please join us for our buffet dinner. Terrific selection of hot and cold foods all prepared to order. Our signature Chef Carved Turkey and Roast Beef along with full salad bar. Complimentary glass of beer, wine or soda included in price of \$12 per person. Call for reservations, 973-724-2582.

**OKTOBERFEST** – This promises to be better than ever this year. Recently hired Chef John Brosnan spent 21 years at the Jolly Onion Restaurant in Pine Island N.Y. that specializes in German cuisine. He has brought many of these special recipes to our event including homemade Sauerbraten. We will also feature Weiner Schnitzel, Bavarian style stuffed trout, potato pancakes, red cabbage and of course Black Forest Cake. A variety of German beers will be available for you to enjoy. Authentic German entertainment as well!! Call 973-724-2582 for reseervations.

Mark your calendar now for the **New Year's Eve Party** at the Cannon Gate Club! Limited seating! Please call 973-724-2582 for more details and to make your reservations now!

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### BANQUETS/CATERING

724-CLUB •

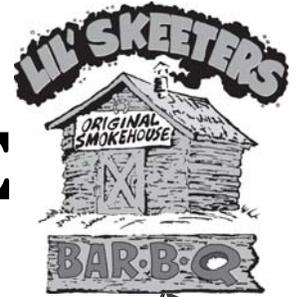
Fax: 989-2460

**EMAIL:**

dipietro@pica.army.mil



# THE GOLF COURSE & PRO SHOP



## **Golf Season:**

With the summer golf season slowly winding down, we can reflect on this past season. First a big HOOAH to the golf maintenance team who have done a fantastic job of turning around a course that was so severely damaged from last season's record rainfall and exceeding many golf patrons' expectations by greatly improving the course conditions. Golf patrons were finally getting that extra forward roll on their ball on the fairways instead of it plugging into the mud. Since spring, they have replaced and repaired many drainage as well as irrigation lines, repaired and reshaped the washed out sand bunkers, and restored the damaged turf areas on the greens. In early spring 3 cart bridges were replaced as well as the installation of a new cart path on the 12th hole. Also for the first time in over 4 years we switched from winter to summer rules (play it as it lies). As always in this business mother nature can destroy what we have accomplished with one storm but by keeping the turf in a healthy playable condition, we can bounce back that much sooner.

## **Pro/Super:**

One of the more popular golf events of the season is the annual Pro/Super golf scramble. This is the time when we as the professionals get to say thanks to our patrons by challenging them to many fun and unusual golf holes. This season we set up a few different challenges, such as: You must throw a ball on hole # 3, hit over the maintenance equipment in fairway # 12, drive your ball out of a sand bunker (instead of off a tee) and of course the mystery pin placement provided many laughs (as well as choice words). We also offered hole in one prizes (no one won) and a 50' putt for \$5,000 (no winner there either) and a fabulous buffet dinner afterwards on the patio with may prizes for all those who participated. Each year we have more participants than the previous year with this year being a near sell out (134 golf patrons). As they were heading for their cars at the end of the day a few were heard saying "can't wait till next year". HOOAH!!



# THE GOLF COURSE & PRO SHOP



**HOOAH:** We would like to extend a sincere, “Thank You” to one of our golf patrons and a long time Monday morning volunteer, Mr. Frank Davitt. Frank, who along with a small group of fellow volunteers, come out each morning and help with the staging of the golf carts and with the constant upkeep on the course. Frank has spent many hours on Mondays filling your divots on the tee boxes and fairway areas. He was recently requested by his doctor to slow down and take it a bit easier (which included giving up the game he loves). All of us at the golf course will surely miss Frank, not only for all his tireless volunteer work, but by his positive outlook and his always smiling face. Thank you Frank!!

**Junior Clinics:** The junior golfers of Picatinny hit the links with 6 days of clinics and play days. Some of the kids have participated in the program over the past years and continue to play with their moms and dads and even the some grandparents during the summer months. We have 12 new golfers this year and are hoping they get the golfing bug as well. Each camper learned the basics of the swing, proper etiquette and some of the basic rules of the game. At the end of the program, the golf staff will hosted a mini-tournament / contest day, barbeque and ice cream party for all the kids. The golf staff always encourages the youngsters to play – so call the shop, talk to the Pros and let’s make time for the kids to play the game.



**Ladies Link of 2 Golf Learning Program:** The ladies of Picatinny took up the game of golf for the 1<sup>st</sup> time this year by joining the Link Up 2 Golf Program help by the Professional Staff the Golf Club. Link Up 2 Golf is a registered and PGA recognized teaching program that brings the newest golfers into the game. The design of the program is to take small groups of beginners and walk them through the basics of the sport from making tee-times, to what shoes to wear, how to buy the equipment, how and where to drive the golf carts and even how to swing the club and play the game. The purpose of this 10 hour learning program is to leave the students with the confidence to handle the golf environment and have the “know how” to be apart of the game.



# ARMY COMMUNITY SERVICE



**VETERAN'S REPRESENTATIVE**, Friday's, Visitor Control Building, 12:30pm-3:00pm  
Appointments preferred but walk-in's accepted. Each Friday there is a Morris County Department of Labor Veterans Representative, Mr. Joe Siegel, located in the visitor control building from 12:30pm-3:00pm. Mr. Siegel is here to assist all veterans with benefits and employment needs. Please contact Mr. Siegel directly, E-mail: [joseph.siegel@dol.state.nj.us](mailto:joseph.siegel@dol.state.nj.us) or call 973-724-2469 (Friday's only).

**Picatinny's Blood Drives** are scheduled for Nov 5 and 10th and are held in The Cannon Gate Club between 0800-1315. For an appt call: Irene Fredricks (973) 724-7247 or e-mail, [ifredric@pica.army.mil](mailto:ifredric@pica.army.mil).

The **Pheresis collections** are once a month and are held on the NY/NJ Blood Services Bus that is parked in the Clinic (Bldg 118) parking lot. The schedule for pheresis is: Oct 8, Nov 19 and Dec 10th. For an appointment call: 1-800-933-2566 x123 or e-mail [appointment@NYBloodCenter.org](mailto:appointment@NYBloodCenter.org)

**FALL JOB FAIR**  
Wednesday, October 20, 2004  
10:00am-2:00pm, Free and open to the public. If you or someone that you know is looking for new career don't miss this event. Our job fairs give you the opportunity to meet with up to 35 local hiring employers – all at one location! Employers include private industry, federal and state government and staffing agencies. Recruiters will be hiring for full-time, part-time, temporary and permanent employment. The job fair is free, open to the public and is held at the Weichert, Realtors Corporate Campus, 1625 Route 10 East, Morris Plains. The job fair is co-sponsored by Picatinny and Weichert, Realtors. Info and directions are posted on the web at: <http://www.pica.army.mil/mwr/acs.htm>. If you have any questions please contact Donna Della-Badia, job fair coordinator at 973-724-2145.

**CHECK YOUR CREDIT**  
ACS, Financial Readiness Program, Building 34N  
If you've been denied credit or insurance or been turned down for a job within the last 60 days

because of something on your credit record, you can request a free copy to check for accuracy. (The company that turned you down for a loan, insurance, or a job is required to give you the name, address, and telephone number of the bureau that supplied the information.) If you haven't had any problems, you can request a copy of your record for a low fee – New Jersey residents are entitled to one free credit report per year. The three largest credit bureaus supply most credit reports. If you've had credit problems in the past few years, it's a good idea to request a report of your record from each of them. Call or visit their Web sites to get ordering instructions. This information is provided by the ACS Financial Readiness Program, Building 34N, Donna Della-Badia, 724-2145.

Equifax Credit Information Services, 800-685-1111  
[www.equifax.com](http://www.equifax.com)

Experian, 888-397-3742,  
[www.experian.com](http://www.experian.com)

Trans Union Corporation, 800-916-8800, [www.tuc.com](http://www.tuc.com)



# EMPLOYEE ASSISTANCE OFFICE

## **Spaghetti and Santa 2004**

The Annual Picatinny Spaghetti and Santa Holiday party will take place on 7 and 8 December 2004...So Mark Your Calendars NOW!

Enjoy an evening of spaghetti, singing with Santa & Rudolph and your child's chance to visit with Santa and have his picture taken! Tickets go on sale 8 November for military families and 15 November for civilians. The cost of the tickets are \$6.00 for adults, \$4.00 for Children (4 yrs—10 yrs) and Children 3 yrs and younger are free! The dinner starts at 5:00 at the Cannon Gate Catering and Conference Center. For more information call Tammy Trainor at ACS 724-4939.

## **Tree Lighting Ceremony**

The Picatinny Tree will be lit on 1 December at 1600. Everyone is invited to attend the fun filled holiday event. There will be holiday sing a longs, refreshments and of course Santa Claus! Don't miss the traditional kick off of the Picatinny holiday season! For more information call Tammy Trainor at ACS, 724-4939.

**NATIONAL RED RIBBON WEEK** -- Red Ribbon Week is about encouraging kids to be drug-free and marking the progress we've made. Each year, National Red Ribbon week is recognized from October 23-31.

The red ribbon was adopted as a symbol of the movement in honor of Enrique "Kiki" Camarena, an agent with the U.S. Drug Enforcement Administration who was kidnapped and killed while investigating drug traffickers. The campaign has reached millions of children and has been recognized by the U.S. Congress. Red Ribbon Week is a chance to be visible and vocal in our desire for a drug-free community. Please join us in celebrating Red Ribbon Week by visiting Army Community Service, Building 34N to pick up your Red Ribbon during the week of October 25-29. For more information about Red Ribbon Week or alcohol and drug prevention resources contact Donna Della-Badia, 724-2145.

**HOW PEOPLE CHANGE,** Picatinny, Employee Assistance Office Building 118 – 724-4357, "The sea is always the same; and yet the sea always changes." – Carl Sandburg

**What Is Happiness?** If you are thinking about changing your life for the better, one way to start is by identifying your goals. You are probably hoping to find some version of happiness or emotional well-being. That might look like any combination of the following:

- A sense of freedom
- Self-esteem
- Self-confidence
- Happy to get up in the morning
- Working toward goals
- A sense of purpose in life
- Satisfying relationships

**What Is Unhappiness?** If you are thinking about changing your life, you may be experiencing some combination of the following elements:

- Feeling sad, lethargic or depressed
- Feeling afraid
- Abusing or being addicted to alcohol or drugs
- Feeling lonely
- Anxiety
- Problems with relationships
- Not getting what you want in life; feeling frustrated in working toward goals
- Not caring enough to have goals

# EMPLOYEE ASSISTANCE OFFICE



## **How Will You Change? —**

When you decide to change your life, try the following ideas. Explore your feelings. Keep a journal, talk to a trusted friend, work with a professional counselor. Envision your future. Write in a journal, make a collage, do a guided visualization, talk to a friend or counselor, research the possibilities.

Explore wishes and dreams. Keep a journal, talk to a trusted friend, work with a professional counselor. Be open to new ideas. Take a class, travel, say yes to things you may have avoided in the past. Look for kindred spirits. Avoid people who make you feel bad about yourself, seek out those who make you blossom, reach out to those with similar interests and dreams. Try something different. Deliberately buy new items, try different brands, shop at different stores, do the opposite of what you usually do, see different movies, read different kinds of books and magazines. Set goals and targets. Learn how to set useful goals, follow through, evaluate progress regularly, reward yourself for achievement.

Take one step at a time. Divide your goals into tiny pieces and do one small new thing each day, starting now. Look for lessons. Remind yourself that experiences are not good or bad; they are simply lessons. **How to Overcome Your Resistance to Change —** Have you ever noticed that when you think about changing your life, you feel resistant? Many people say that they not only feel resistant, but they actually do things to keep their lives familiar. They do things like start a diet and then eat a candy bar on the first day, or quit smoking and then sneak a puff. There are some things you can do to make yourself less resistant. Here are six effective strategies: Eliminate clutter; Start small; Disprove your disempowering beliefs; Remind yourself of all of your available options; Take responsibility for what you want; Visualize the future.

## **When to Seek Professional Help —**

Sometimes it makes sense to find a professional counselor to work with as you work through the change process. Here are some ways to know when that would be appropriate:

You've tried several things but you still have the problem. You want to find a solution sooner rather than later. You have thoughts of harming yourself or others. You have symptoms of depression, anxiety, or another disorder that are significantly interfering with your daily functioning and the quality of your life. For example, you have lost time from work, your relationships have been harmed, your health is suffering. These are signs that you may need the help of a trained, licensed professional. Remember, the Picatinny, Employee Assistance Office can provide three free counseling sessions for you or your family members to deal with a variety of work, family or mental health issues. For more information contact Donna Della-Badia at the Picatinny, Employee Assistance Office, 724-4357 (Help)

# ITR "TAKE OFF" CENTER

Community Recreation - "Take Off" Center, Bldg 34 - X4014

**Upcoming Bus Trips** - Guests are always welcome on our trips - sign up family and friends.

**Our annual fall excursion to the world famous Bronz Zoo is scheduled for Saturday 18 September.** We depart at 9 am and travel by comfortable charter bus to the zoo. You pay us only for your charter bus transportation (\$15/adult and \$12/child) and then you purchase the type of zoo package you want from the ticket window at the zoo. A basic admission for adults is \$11; children \$8. A complete package admission is \$20/adult; \$16/child.

**Saturday, October 16....Travel to the beautiful Foxwood Casino in Ledyard, CT,** and enjoy the drive through Connecticut as we view the fall foliage. This trip leaves at 8 am and costs \$25/person. We receive back a package worth \$20....a \$10 food coupon and \$10 in match play. We will return to the Arsenal at around 8 pm.

Com'n along for the **Museum Bus to New York City on Saturday, 13 November.** This trip will make two stops in New York; the first at the Metropolitan Museum of Art and then across Central Park to the Museum of Natural History. On this trip you only pay us for bus transportation which is \$16/person. Museum fees are payable at the door or you may spend your time in New York doing some holiday shopping or sightseeing. The trip departs at 9 am and will return at approximately 5:30 pm.

**Radio City Music Hall Christmas Spectacular** - We will be going to two performances this year. The first is the early bird show on Tuesday, 23 November. Tickets will be \$59/person. This trip will depart at 11:30 am for the 2:30 pm performance. We will return at approximately 8:30 pm. The second show is on Friday, 10 December (the tree will be lit by then). This performance is at 3:30 pm so we will depart the Arsenal at 12:45 pm and return around 9:30 pm. This performance will be \$85/person. Each trip includes charter bus

transportation and Orchestra/1st Mezz. seating. Military priority sign up for these shows begins on 15 September and civilian sign up begins 29 September.

NEW! This year is our first year to do the **"Miracle of Christmas" at the Millennium Theatre in Strasburg, PA.** This excursion will be on Friday, 3 December. The trip includes the show and a smorgasbord dinner at the Hershey Farm Restaurant. Prices are \$98 for adults, \$78 for teens and \$68 for children (ages 3-12). This bus will depart at 8:45 am and return at approximately 8:30 pm. Military priority sign up for this show begins on 15 September and civilian sign up begins on 29 September.

# ITR “TAKE OFF” CENTER



Community Recreation - “Take Off” Center, Bldg 34 - X4014

**Boss’s Day** falls on a Saturday this year, October 16. To make sure we all have a day to celebrate our bosses, we will be celebrating Boss Days....on both 14 and 15 October. Come by the “ Take Off” Center and see what your office can get for that person who means so much to your organization. Cards, gifts and balloons will all be available.

**BOOK FAIR....BOOKS ‘R’ FUN** is returning on Wednesday, 27 October from 11 am to 2:30 pm. This popular vendor brings a varied selection of books. Especially popular are the cook books, the children’s books and gifts and the inspirational books. This is an opportunity to do some of your holiday shopping right here at Picatinny.

## **Military travel websites for your leisure travel needs:**

[offdutytravel.com](http://offdutytravel.com)

[govarm.com](http://govarm.com)

[afvclub.com](http://afvclub.com)

[military.com](http://military.com)

**Picatinny Guest House and Recreation Trailers:** 2 options for your recreation and temporary housing needs. The Guest House, located at 110 Farley Avenue, has 3 motel-like rooms and one Suite. Rooms rent for \$40/night and the Suite is \$56. Reservations are taken on the first working day of each month for the following month; example: on 1 Sep, all the days in Oct will open up for reservations. Active Duty have a priority sign up beginning 10 days earlier. The Recreation Trailers are located on Snakehill Road out by the Heliport. There are 14 fully furnished mobile homes available for rent. Call now to check on availability. There is a two night minimum. Call now whether you need a short term stay or are looking for some temporary housing for a month or two.

**New Ticket Program!** Discount ticket voucher for **MEDIEVAL TIMES** in Lyndhurst, NJ!

Purchase an adult voucher for \$39 or a child’s voucher (12 and under) for \$33. You are saving \$11.83 or \$5.05 respectively off of the admission price. You purchase the vouchers from us; then call Medieval Times and make your reservation for any showtime. Present your vouchers at the ticket window and enjoy the show! You are served a 3 course meal from the medieval wenches while you cheer on your favorite knight in the jousting competition. Great fun for family outings! Enjoy the food, the costumes and the beautiful horses!

# ITR "TAKE OFF" CENTER

Community Recreation - "Take Off" Center,  
Bldg 34 - X4014



## DisneyWorld Tickets - Orlando

|                           | ITR   | Gate     | Save    |
|---------------------------|-------|----------|---------|
| 4 Day Hopper - Adult      | \$204 | \$233.24 | \$29.24 |
| (ages 3-9) Child          | \$164 | \$187.44 | \$23.44 |
| 5 Day Hopper - Adult      | \$232 | \$265.19 | \$33.19 |
| (ages 3-9) Child          | \$187 | \$213.00 | \$26.00 |
| 5 Day Hopper PLUS - Adult | \$265 | \$300.34 | \$35.34 |
| (ages 3-9) Child          | \$212 | \$240.70 | \$28.70 |

## Orlando Area Tickets - 2004

|                                    | PICATINNY GATE | SAVE     |
|------------------------------------|----------------|----------|
| <b>Universal Studios - Orlando</b> |                |          |
| 1 Day- Adult                       | \$50           | \$57.46  |
| Child (3-9)                        | \$41           | \$47.88  |
| 2 Day + 3rd Day Free - Adult       | \$94           | \$106.45 |
| Child (3-9)                        | \$79           | \$94.75  |

## SeaWorld - Orlando

|               |      |         |        |
|---------------|------|---------|--------|
| 1 Day - Adult | \$48 | \$57.46 | \$9.46 |
| Child (3-9)   | \$40 | \$47.88 | \$7.88 |

## Orlando Flex Ticket

|             |       |
|-------------|-------|
| Adult       | \$173 |
| Child (3-9) | \$142 |

14 Days of Unlimited access to Universal Studios, Sea World, Islands of Adventure and Wet 'n Wild

## VIRGINIA:

Busch Gardens - Williamsburg -

|             |      |         |        |
|-------------|------|---------|--------|
| Adult       | \$41 | \$46.95 | \$5.95 |
| Child (3-6) | \$34 | \$39.95 | \$5.95 |

## Armed Forces Vacation

**Club....\$249 for a full week in a resort?** Sounds too good to be true but it is not. The Armed Forces Vacation Club is a way to get space available accommodations at some of the best time share resorts all around the country. You can get condos with 1,2 or even 3 bedrooms at the rock bottom price quoted. Go on line at [www.afvclub.com](http://www.afvclub.com) and go through the choices to see what is available in the location you desire; sometimes you have to check nearer to the date to find some spaces opening up. But once you find something; you reserve it and give them the Picatinny AFVC Installation Number of 132 and then Morale, Welfare and Recreation gets a commission on your vacation stay. We have had testimonials from many customers who have used this service and you get first rate accommodations at bargain basement prices. The program runs from Saturday to Saturday; there is no requirement to sit through any sales presentations and you can find a wonderful place for your next vacation. If you do not have internet access; then call the reservation center at 1-800-724-9988 and tell them you are a first time AFVC caller. A vacation counselor will take your enrollment and help you find an available resort.

# CHILD & YOUTH SERVICES



**Ghosts, Goblins, Princes, and Princesses.** The Child Development Center will host its annual Halloween Parade for children enrolled in center activities, on Friday, October 29 at 3:00 pm in the CDC parking lot. Join us to see some funny and scary characters, and for some great picture taking. Kids love Halloween! They get to dress up and get free candy! What a perfect holiday! To keep the children safe please remember, to make the costume fire proof, and the eye holes large enough for good peripheral vision. Make sure that if your child is carrying a prop, such as a scythe, butcher knife or a pitchfork, that the tips are smooth and flexible enough to not cause injury if fallen on.

**Disney On Ice!** The CDC Preschool children will attend a special, school showing of Disney On Ice, featuring the cast of Finding Nemo, at the Meadowlands Arena, Wednesday, November 24. Prior years have shown this to be a big family event, often attended by whole families to kick-off the holiday season.

**It's Turkey Time!** The Child Development Center will host its annual Family Thanksgiving Feast, Thursday, November 18. Mark your calendars so that you don't miss out on the fun. Scheduled to begin at 11:15 the CDC children, staff, and parents will feast on turkey and all the trimmings!

**Do You Have Time to Talk?** The Child Development Center will conduct Parent/Teacher conferences for children enrolled in Center activities, December 1-22. If your child is enrolled in one of the CDC programs, please take this opportunity to sit with his/her caregiver to discuss your child's development. Most often, the staff of the CDC sees a different side of your child than you do. Find out what is being seen, why it is happening, and activities that you can do at home to enrich, extend or even rectify the behavior. These first years of your child's young life are some of the most important years he/she will ever experience. Be involved and be active in them!



## Family Childcare

Here's your golden opportunity to stay home and earn money! We are still looking for people who want to provide warm and loving care to children from their home. Being a professionally trained Family Child Care provider offers many benefits, some of which include: free training in a marketable occupation; credit transfers to Army Installations world-wide; free referrals by Central Registry to family; free workshops on child growth and development, discipline techniques, nutrition, health, tax assistance, and many more; participation in the National Child Development Associate credential program; and the greatest advantage of all, is being your own boss and setting your own hours. If you need additional information or would like to see the setup of the provider we have on board, please contact the Director at (973)724-5726.

# CHILD & YOUTH SERVICES

## PMCC

### **School Liaison**

It's that time of year of again, back to school!! If you have not registered your child/ren yet, I encourage you to stop by building 3228 to pick up the necessary forms. Please be advised that school starts September 2<sup>nd</sup>. If you are looking for information about the schools in the area or need assistance in getting information about the local programs we offer please contact the School Liaison Office @ (973)724-5726.

### **Fall School Closings**

Rockaway Township Schools are closed September 16th and 17th for Rosh Hashanah. Schools are also closed November 4th and 5th for Teacher's Convention. Plan ahead for child care! School Age Services will be open to accommodate yours and your child's needs. Our hours of operation are 7am-5pm. Make your reservations early by calling 973-724-5555.

### **The Haunted House Returns! Saturday, October 23rd, Friday October 29th. and Saturday the 30th.**

Looking for imaginative people to make this Halloween a memorable one at Picatinny. Call for more information: 973-724-4994 (CYS Coordinator); 973-724-5555 (School Age Services); 973-724-7183 (Teen Center). The Haunted House hours will be 6:30- 9:30 PM. Volunteers are needed for each of these nights. Theme rooms are still available. A group, organization or family can sponsor a room. Themes include the Judges Chamber, Mad Scientist, King Tut's Tomb, Werewolf's Den, Bloody Mary Room, and others as well. Have some fun! Join the Community spirit!

### **Thanksgiving Pot Luck Dinner**

The Teen Center will host their Annual Thanksgiving Celebration on Friday evening, November 19th. Dinner time will be 6:00-8:00pm. All inquiries can be made by contacting Nicole Member, School Age Services/Youth Services Assistant Director, at the Teen Center. Phone: 973-724-7183. Details will be available by mid October.

### **Picatinny Military Civilian Club (PMCC)**

Please join the Ladies of PMCC on the 15<sup>th</sup> of September at the Picatinny Community Center at 11:30 for our first annual meeting of the season. We have lots of great trips planned. For year and many interesting guest speakers. We are also planning a fashion show, so please think about volunteering to be a model! Our monthly meetings will be held during lunchtime at the Cannon Gate Club. So, please join us at our kick-off meeting and think about becoming a member and learn about all the wonderful things PMCC does for the Community! Just a little note....There are no strangers here, only friends we haven't met!

Thanks...See you on the 15<sup>th</sup> of September!!

# PMCC

**The Picatinny Military and Civilian Club** is a Command approved social organization that also raises funds for the community. Members include DOD civilians who work at Picatinny and their spouses as well as area active duty, retired and reserve military members and their spouses.

As a social group, we organize monthly functions and activities for members to come together to enjoy a time together as friends. This year, we have included a couple of the popular holdover activities from the past as well as a couple of new and exciting speakers.

As a fundraising entity, we organize sales and activities in order to distribute money back to the community. Recently, the club was able to make donations of over \$6500 to organizations on post and to a couple of national programs.

Call Amy Hrdy (973-361-7480) for membership information or to make a luncheon reservation. Dues are only \$20 and help cover operating expenses.

## **Our monthly luncheon schedule is as follows:**

15 Sept—Open House, Community Center  
20 Oct—Speaker, Jonathan Jones, The Club  
17 Nov—Basic Black Dress, The Club  
15 Dec—Ornament Exchange, Private Home  
19 Jan—White Elephant, The Club  
16 Feb—Guest Speaker, The Club  
16 March—Fashion Show, The Club  
20 April—Guest Speaker, The Club  
18 May—Induction Ceremony, The Club

## **The 2004-2005 PMCC Board:**

President—Kathy Merkwon  
1<sup>st</sup> Vice President—Deborah Franek  
2<sup>nd</sup> Vice President—Rose Raimondo  
Secretary—Missy Clarke  
Treasurer—Debbie Butler  
Reservations/Membership Chair—Amy Hrdy  
Ways & Means Chair—Kimbra Hunt  
Donations Chair—Michelle Nash  
Activities Chair—Beth Albinson  
Publicity Chair—Anne Lozano  
Historian—Kathy Ward  
Honorary President—Kathy Izzo

# TOTAL FITNESS

**Traveling Soccer** is scheduled to start on August 31. This year there are many returning players that want to avenge last years defeat in the semifinals of the playoffs. There will still be open spots on the team for anyone interested in playing in a highly competitive soccer league. Please contact Total Fitness at ext. 6215 for further details.

The **Indoor Volleyball League** will begin play on October 5 and continue into February where will crown a league champion. The EDGE will be looking for a repeat performance of last year's season where they took home the trophy and bragging rights. So get a team together and come out for some volleyball fun.

The **Health Fair is set for Thursday, October 14, 2004.** It will be held at the club where last year we had a great turn out. This event is great for everyone to learn more about personal health and get a chance to interact with the professionals that are willing to share their knowledge of the field. So mark you calendars now for this important date.

# ROD & GUN ASSOC



The **Traveling Basketball league** will be beginning its season in mid-November. Last year the Picatinny team #1 won the championship as they breezed through the playoffs. Over the past years Picatinny team #1 has been a dominant force in the league. We are expecting similar results this year. The Picatinny Team #2 also had a great season last year. The sign ups for the teams will begin in October. For further information contact Total Fitness at ext. 6215.

**Massage Therapy** is still being offered at the Fitness Center. Massage appointments can be made for Mondays from 2:00 – 7:00, Tuesdays from 10:00 – 4:00, and Thursdays from 10:00 – 4:00. Please call extension 4629 to make an appointment.



**FISHING PROGRAMS.** With the summer weather upon us, fishing has slowed down considerably. But if you are willing to get out at sunrise or as it sets, on cloudy afternoons or as the fronts move in, the fish are out there and they are still active. So gather up the kids/grandkids, or borrow the neighbor's kids, and get out and enjoy the Picatinny environment and some top-notch outdoor recreation. Among the species available in Picatinny waters are trout, bass, crappie, walleye, pickerel, pike, and catfish.

**Trout.** One of the benefits offered to annual-fee paying PRGA members is unlimited access to the Trophy Trout pond at North Basin. This pond is also open to any eligible Picatinny fisherman, with purchase of a daily-use permit from the Take-Off center in bldg 34. In addition to the 650+ lunker trout stocked there in April, there are also hold-over trout from previous year stockings. Recorded lunker of the year is still the 23 ½-inch brown trout caught AND RELEASED by PRGA veteran fly-fisherman Al Wagnez in April. Trout are also stocked in

Lynn's Pond (in front of the PRGA lodge) and Fisher's Pond, both of which are open to all eligible arsenal fishermen. These trout are supplemented by the Natural Resource Manager (NRM). In total, almost 1400 trout were stocked in April. More than 400 additional trout will be stocked in September.

**Bass, Pike, Walleye.** Each year, PRGA also stocks a number of largemouth bass, walleye and trophy northern pike in Picatinny waters; primarily in Picatinny Lake and Lake Denmark. PRGA also sponsors a series of bass tourneys on the Arsenal and other local lakes, from April to September. The last event of the 2004 season will be held at Lake Denmark in late September. These events are open to all eligible arsenal fishermen and authorized guests (IAW PGR 200-3), free of charge. To improve your chance of success, check out the NJDEP website at <http://www.njfishandwildlife.com/bassart.htm>, but for the hottest tips on catching Picatinny bass, and information on the bass tournaments and PRGA fishing programs in general, contact Tom Hartigan, [hartign@pica.army.mil](mailto:hartign@pica.army.mil).

# ROD & GUN ASSOCIATION



**NATIONAL HUNTING AND FISHING DAY.** Each year, the PRGA sponsors a children's trout fishing tournament and other hunting, fishing, and trapping demonstrations, as a means to instill an appreciation for the installation's natural resources, and to foster responsible and ethical conduct as part of our sportsman's heritage among the community's youth. To support this event, NRM and PRGA volunteers stock over three-hundred trout in Lynn's Pond and provide assistance to ensure the best opportunity for all kids to catch fish. Entry is free and open to all community youth and eligible guests. After the tourney, the pond is open to fishing for all eligible arsenal fishermen. This year's event will be held on 18 September. Email notification will be provided in early September. For more information, or to volunteer your time to support this significant community event, contact Mike Tutko, [mike.tutko@med.va.gov](mailto:mike.tutko@med.va.gov).

**PHEASANT PROGRAM.** Each year, the PRGA also raises and stocks pheasant in support of the fall-winter pheasant hunting season. Beginning in late July, PRGA volunteers will raise 600 ring-neck pheasants. And additional 400 adult birds will be purchased in the fall. This year, the hunting season begins on 13 November. As with the trout fishing, pheasant hunting is offered to PRGA members. Any eligible Picatinny hunter can also purchase a daily-use permit at the Take-Off center. For more information on the pheasant program, or if you are interested in helping to raise these birds, contact Neil Lee, [nelee@pica.army.mil](mailto:nelee@pica.army.mil)

**INDOOR ARCHERY RANGE.** Work has begun on the new indoor archery range in Building 3311 (the old Haunted House), sponsored by PRGA. In addition to a year-round opportunity for PRGA and other Picatinny hunters and archers to hone their skills, new archery programs for Picatinny youth and the local community are also being planned. We need your HELP, IDEAS, and INVOLVEMENT to make this a significant community benefit. For Archery Programs

information, or to volunteer your time to help establish this range, contact PRGA veteran and archery instructor Art Reimer, [reimera@juno.com](mailto:reimera@juno.com).

## **PRGA GENERAL MEMBERSHIP MEETINGS.**

Member meetings are held the first Wednesday of every month, 1730-1830. With the temporary closure of the PRGA Lodge, Bldg 337, these meetings will be held in various locations, including Denmark Lake picnic area and the Community Center. Meeting notice will be put out over community email. Periodic raffle ticket sales start at 1630, for a drawing at the end of the meetings. To learn more about all of the programs listed above, or to just enjoy the camaraderie with fellow sportsmen and women, eligible arsenal sportsmen and families are welcome to join us! For additional information, contact COL Pete Janker, [janker@pica.army.mil](mailto:janker@pica.army.mil), or Tim Prendergast, [tjprend@pica.army.mil](mailto:tjprend@pica.army.mil).

# UNIT FUND



The 2004 Commander's Cup Generates \$1,407 for the Picatinny Unit Fund-On a typical July, hazy, hot and humid summer afternoon at the Picatinny Golf Course, over 130 players teamed up to compete for the Commander's Cup Trophy. However, there is nothing typical about this event. The Friday afternoon start time creates a party like atmosphere that is followed by an Italian themed patio dinner party complete with appetizers, pasta dishes, festive music and awards. Sponsors like, Allied Technologies, HON, Sharpie, Office Depot, Hewlett Packard and AIG stepped up to the plate to support the event by providing skill prizes (longest drive, hole in one, closest to the line), giveaways and beverages. Leroy Hall had a shot nearest to the pin on #2 which gave him the opportunity to win some cash for a 50' putt – however, he did not make it! Pro-shop gift certificate awards for low gross and low net were presented to 9 teams in the playing field. Some of these players, in a most generous offering, donated their winning prizes to the Unit Fund totaling \$770. These players include; Bill Tutko, Ed Cashen, Jim Murray, Tony Piloni, Bob Parise, John Inglesino, Tony Ciallella, Bill Chegwiddden, Tim Teen, Gerry Cook, Al Smith, Neil Albrecht, Ed Ford, Wayne Skyler, Ken Fehsal, Tony Maurella, Pete Hill, Tom Skokos, Phil Gorman, Ron Tatusch and Mark Sauvageau.

In addition, to help raise funds in support of the Unit Fund Activity the Installation Morale, Welfare and Recreation fund (IMWRF) sponsored a special raffle. In this case, the MWR sponsored this golf event on behalf of the Commander. The Commander's intent was to make this tournament help Soldiers. We in turn raffled a Wayne Skyler framed "15 th Hole". The net proceeds of \$637 from the raffle will be provided to the Unit Fund to help resource soldier support programs and activities! Hooah!

## Other News

**Picatinny Federal Credit Union - If You're Reading This Then You're Probably Eligible For Membership Into Picatinny Federal Credit Union.** Why Would You Do Your Banking Anywhere Else? We Offer EVERY Service A Bank Does, But We Charge Much Lower Fees and Offer Much Better Rates. Here's a Sampling

Our Checking Account:

- ø Pays Dividends
- ø Has A FREE Visa Debit Card
- ø Has FREE Touchtone Phone Banking (M.O.M.- My Own Money)
- ø Has FREE Computer Banking (PFCU@HOME Banking)

- ø Has FREE Bill Payer Service Using PFCU@HOME Banking
  - ø No Minimum Balance Required
  - ø No Monthly Fees
- Our Visa Credit Card:
- ø Has No Annual Fee
  - ø Credit Lines Up To \$25,000
  - ø 9.9% APR For Purchases (FIXED-not a teaser or introductory rate)
  - ø Earns Score Card Points On All Purchases (redeemable for travel or merchandise)-FREE Automatic Enrollment
  - ø 10-Day Grace Period From Your Due Date To Help Your Avoid Late Payments

Picatinny Federal Credit Union  
Building 30 S  
Picatinny Arsenal  
973/989.2612  
[www.picatinnycu.org](http://www.picatinnycu.org)

**Vet Clinics -** Call to make an appointment, (732) 532-2406 or DSN 992-2406. Next Vet Clinic date is TBD (9am to 1pm in Bldg 1095). Please call the clinic ahead of time to be sure that all medications/special diets needed will be available.

# COMMUNITY CONNECTION

DEPARTMENT OF THE ARMY  
COMMANDER, US ARMY TACOM-ARDEC  
MARKETING - BUILDING 34N  
PICATINNY ARSENAL, NJ 07806-5000  
OFFICIAL BUSINESS

## MORALE, WELFARE & RECREATION PHONE LISTING

|   |                |
|---|----------------|
| <i>Army Community Service</i>                           | (973) 724-7247 |
| <i>Aquatic Park "Frog Falls"</i>                        | (973) 724-7275 |
| <i>Cannon Gate Catering &amp;<br/>Conference Center</i> | (973) 724-2582 |
| <i>Chapel Center</i>                                    | (973) 724-4139 |
| <i>Child Development Center</i>                         | (973) 724-4337 |
| <i>Child Development Services</i>                       | (973) 724-4994 |
| <i>Choices</i>  | (973) 724-5649 |
| <i>Employee Assistance</i>                              | (973) 724-4357 |
| <i>Family Child Care</i>                                | (973) 724-4994 |
| <i>Golf Pro Shop</i>                                    | (973) 724-4653 |
| <i>Lil' Skeeters</i>                                    | (973) 724-2405 |
| <i>Lodging</i>  | (973) 724-8855 |
| <i>Information, Ticketing &amp;<br/>Registration</i>    | (973) 724-4186 |
| <i>Marketing</i>  | (973) 724-7246 |
| <i>Outdoor Recreation</i>                               | (973) 724-4484 |
| <i>Personnel</i>  | (973) 724-2261 |
| <i>Rod &amp; Gun Association</i>                        | (973) 724-4484 |
| <i>School Age Services</i>                              | (973) 724-5555 |
| <i>Teen Center</i>                                      | (973) 724-7183 |
| <i>Total Fitness</i>                                    | (973) 724-6215 |

## MWR Kudos Corner...

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Special thanks go out to Office Depot for supporting our recreation programs, special events and the Picatinny community! Hooah!



On the right - Jonathon Jones,  
Office Depot

COMMUNITY CONNECTION ... YOUR LINK TO MORALE, WELFARE & RECREATION  
AND FAMILY SUPPORT PROGRAMS AND EVENTS FOR SEPTEMBER THRU DECEMBER 2004